# On Nonnegative Cosine Polynomials With Nonnegative, Integral Coefficients

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#### Abstract

We show that there is  $p_0 > 0$  and  $p_1, \ldots, p_N$  non-negative integers, such that

$$0 \le p(x) = p_0 + p_1 \cos x + \dots + p_N \cos Nx$$

and

$$p_0 \ll s^{1/3}$$

for  $s = \sum_{j=0}^{N} p_j$ , improving on a result of Odlyzko who showed the existence of such a polynomial p that satisfies  $p_0 \ll (s \log s)^{1/3}$ . Our result implies an improvement of the best known estimate for a problem of Erdös and Szekeres. As our method is non-constructive, we also give a method for constructing an infinite family of such polynomials, given *one* good "seed" polynomial.

## 1 Introduction

We consider non-negative cosine polynomials of the form

$$0 \le p(x) = p_0 + p_1 \cos x + p_2 \cos 2x + \dots + p_N \cos Nx$$
,  $x \in [0, 2\pi]$ 

where  $p_j \ge 0$ . We also write  $\hat{p}(0) = p_0$ . Notice that  $p(0) = \sum_{j=0}^{N} p_j$  is the maximum of p(x). We are interested in estimating the size of

$$M(s) = \inf_{p(0) \ge s} \widehat{p}(0)$$

for  $s \to \infty$ . That is, we want to find polynomials of the above form for which  $p_0 = \frac{1}{2\pi} \int_0^{2\pi} p(x) dx$  is small compared to the maximum of p(x). In what follows C denotes an arbitrary positive constant and  $a \ll b$  means  $a \le Cb$  for some C.

If no more restrictions are imposed on the cosine polynomial p(x) then M(s) = 0 for all s. This is because the Fejér kernel

$$K_A(x) = \sum_{j=-A}^{A} \left(1 - \frac{|j|}{A+1}\right) e^{ijx} = 1 + \sum_{j=1}^{A} 2\left(1 - \frac{j}{A+1}\right) \cos jx$$

has constant coefficient 1, has  $K_A(0) \gg A$  and is non-negative.

If we restrict the coefficients  $p_1, \ldots, p_N$  to be either 0 or 1 we have the classical cosine problem, about which we know that for some  $\epsilon > 0$ 

$$2^{\log^{\epsilon} s} \ll M(s) \ll s^{1/2} \tag{1}$$

The upper bound in (1) is easily proved by considering the polynomial

$$f(x) = \left(\sum_{1}^{A} \cos 3^{j} x\right)^{2} \tag{2}$$

$$= A + \frac{1}{2} \sum_{j=1}^{A} \cos(2 \cdot 3^{j} x) + \sum_{\substack{k,l=1\\k>l}}^{A} \left( \cos(3^{k} + 3^{l}) x + \cos(3^{k} - 3^{l}) x \right)$$
(3)

All cosines in (3) have distinct frequencies. Define  $f_1(x) = f(x) + \frac{1}{2}A - \frac{1}{2}\sum_{j=1}^{A}\cos{(2\cdot 3^j x)}$ . Then  $f_1(x) \geq 0$ ,  $f_1(0) \gg A^2$ ,  $\widehat{f_1}(0) \ll A$  and  $f_1$  has non-constant coefficients which are either 0 or 1. The lower bound in (1) is much harder to prove and is due to Bourgain [3]. Earlier, Roth [8] had obtained  $M(s) \gg (\log s/\log\log s)^{1/2}$ .

From this point on, we will study the case of  $p_1, \ldots, p_N$  being arbitrary non-negative integers. This case was studied by Odlyzko [7] who showed that

$$M(s) \ll (s\log s)^{1/3} \tag{4}$$

The method is the following. Consider the non-negative polynomial

$$q(x) = \alpha K_A(x) = q_0 + q_1 \cos x + \dots + q_A \cos Ax$$

whose coefficients are not necessarily integers ( $\alpha > 0$ ). We modify q so that its non-constant coefficients are integers, by adding to it a random polynomial

$$r(x) = r_1 \cos x + \dots + r_A \cos Ax$$

The coefficients  $r_j$  are independent random variables which take values such that  $r_j + q_j$  is always an integer. A theorem of Salem and Zygmund [9] guarantees that  $||r||_{\infty}$  is small with high probability, and the non-negative polynomial  $p(x) = q(x) + r(x) + ||r||_{\infty}$  achieves (4) when  $\alpha$  is appropriately chosen as a function of A.

Odlyzko studied this problem in connection with a problem posed by Erdös and Szekeres [4]. The problem is to estimate

$$E(n) = \inf \max_{|z|=1} \left| \prod_{k=1}^{n} (1 - z^{a_k}) \right|$$

where  $a_1, \ldots, a_n$  may be any positive integers. The following inequality holds (see [7])

$$\log E(n) \ll M(n)\log(n) \tag{5}$$

so that Odlyzko's result implies  $\log E(n) \ll n^{1/3} \log^{4/3} n$ .

In this paper we replace the random modification in Odlyzko's argument with a more careful modification, based, again, partly on randomization. We use a recent theorem of Spencer [10] which in some cases does better than the Salem-Zygmund theorem. We show in Section (3) that, when  $p_1, \ldots, p_N$  are restricted to be nonnegative integers, we have

$$M(s) \ll s^{1/3}$$

By (5) this implies  $\log E(n) \ll n^{1/3} \log n$ . Our method is similar to that used by Beck [2] on a different problem, posed by Littlewood. <sup>1</sup>

Both the Salem-Zygmund theorem and Spencer's theorem are non-constructive. In Section 4 we give a deterministic procedure which, given a polynomial p(x) with non-negative integral Fourier coefficients (in other words  $p_j$  is a non-negative even integer, for  $j \geq 1$ ) and with  $\hat{p}(0) \leq (p(0))^{\alpha}$ , for some  $\alpha > 0$ , produces a sequence of polynomials  $p = p^{(0)}, p^{(1)}, p^{(2)}, \ldots$ , such that  $\deg p^{(n)} \to \infty$ ,  $p^{(n)}(0) \to \infty$  and

$$(p^{(n)})\hat{\ }(0) \le (p^{(n)}(0))^{\alpha}$$

This shows  $M(s) \leq C s^{1/\alpha}$ , with C dependent on the initial p only.

# 2 Bounds on random trigonometric polynomials

In [7] the following classical theorem was used to estimate the size of a random polynomial

Theorem 1 (Salem and Zygmund [9], [5, p. 69]) Let  $f_1(x), \ldots, f_n(x)$ , be trigonometric polynomials of degree at most m, and  $\xi_1, \ldots, \xi_n$  be independent random variables, which satisfy  $\mathbf{E}e^{\lambda \xi_j} \leq e^{\lambda^2/2}$ , for all j and  $\lambda > 0$ . (subnormal random variables). Write

$$f(x) = \sum_{j=1}^{n} \xi_j f_j(x)$$

Then, for some C > 0,

$$\Pr\left(\|f\|_{\infty} \ge C\left(\sum_{j=1}^{n} \|f_j\|_{\infty}^2 \log m\right)^{1/2}\right) \le \frac{1}{m^2}$$

Theorem 1 was used in [7] to change the coefficients of a polynomial to integers without a big loss:

<sup>&</sup>lt;sup>1</sup>After this paper was submitted for publication the author learned that the method employed for the proof of the basic result has also appeared in [6].

**Corollary 1** Let  $p(x) = p_0 + \sum_{j=1}^{N} p_j \cos jx$  and define the random polynomial r(x) so that p(x) + r(x) has always integral coefficients (except perhaps the constant coefficient):

$$r(x) = \sum_{j=1}^{N} \xi_j \cos jx$$

with  $\xi_j = 0$  if  $p_j$  is an integer, else

$$\xi_{j} = \begin{cases} \lfloor p_{j} \rfloor - p_{j} & with \ probability \ \lceil p_{j} \rceil - p_{j} \\ \lceil p_{j} \rceil - p_{j} & with \ probability \ p_{j} - \lfloor p_{j} \rfloor \end{cases}$$

Then  $\Pr\left(\|r\|_{\infty} \ll (N\log N)^{1/2}\right) \to 1$ , as  $N \to \infty$ .

**Proof of Corollary 1:** The above defined  $\xi_j$  are subnormal (see for example [1, p. 235, Lemma A.6]). Theorem 1 can now be applied.

The following theorem of Spencer [10] is sometimes better than the Salem-Zygmund theorem, though unfortunately only in the symmetric case  $\xi_j = \pm 1$  (Rademacher random variables).

**Theorem 2** (Spencer [10]) Let  $a_{ij}$ ,  $i = 1, ..., n_1$ ,  $j = 1, ..., n_2$  be such that  $|a_{ij}| \le 1$ . Then there are signs  $\epsilon_1, ..., \epsilon_{n_2} \in \{-1, 1\}$  such that, for all i,

$$|\sum_{j=1}^{n_2} \epsilon_j a_{ij}| \le C n_1^{1/2} \tag{6}$$

Notice there is no dependence of the bound on  $n_2$ .

**Corollary 2** Let  $f_1(x), \ldots, f_n(x), ||f_j||_{\infty} \leq C$ , be trigonometric polynomials of degree at most m. Then there is a choice of signs  $\epsilon_1, \ldots, \epsilon_n \in \{-1, 1\}$  such that

$$\|\sum_{j=1}^n \epsilon_j f_j\|_{\infty} \le C m^{1/2}$$

**Proof of Corollary 2:** For  $i=1,\ldots,10m,\ j=1,\ldots,n$  define  $a_{ij}=f_j(x_i)$ , where  $x_i=i\frac{2\pi}{10m}$ . Let  $\epsilon_1,\ldots,\epsilon_n$  be the sequence of signs given by Theorem 2 for the matrix  $a_{ij}$  and write  $f=\sum_{j=1}^n\epsilon_jf_j$ . There is  $x_0\in[0,2\pi]$  such that  $|f(x_0)|=||f||_{\infty}$ . For some k we have  $|x_k-x_0|\leq \frac{2\pi}{10m}$ . By Bernstein's inequality,  $||f'||_{\infty}\leq m||f||_{\infty}$ , we get

$$|f(x_0) - f(x_k)| \le \frac{2\pi}{10m} ||f'||_{\infty} \le \frac{2\pi}{10} |f(x_0)|$$

which, since  $\frac{2\pi}{10}$  < 1, implies

$$||f||_{\infty} = |f(x_0)| \le C|f(x_k)| = C|\sum_{j=1}^n \epsilon_j a_{kj}| \le Cm^{1/2}$$

and the proof is complete.

Corollary 2 is better than Theorem 1 only when  $m/\log m = o(n)$ . It is a strictly symmetric result and cannot directly be applied to modify a polynomial p(x) so that it has integral coefficients, as we need to do in our case. We show in Section 3 that a sequence of applications of Corollary 2 is needed.

# 3 Proof of the inequality $M(s) \ll s^{1/3}$

Since Corollary 2 only allows us to choose random signs, we cannot use it directly (as we used the Salem-Zygmund theorem) to modify the coefficients of a polynomial to integers, while controlling the size of the change. In this section we show how to modify the coefficients little by little, to achieve the same result.

Let  $\alpha > 0$  and define

$$a(x) = \alpha K_A(x) = \sum_{j=0}^{A} a_j \cos jx$$

Suppose  $\epsilon > 0$  and the non-negative integer  $k_0$  is such that for some non-negative integers  $b_i$ 

$$|a_j - b_j 2^{-k_0}| \le \epsilon$$
 for all  $j = 1, \dots, A$ 

We shall define a finite sequence of polynomials

$$a^{(0)}(x) = a_0 + \sum_{j=1}^{A} b_j 2^{-k_0} \cos jx, \ a^{(1)}(x), \dots, \ a^{(k_0)}(x)$$

inductively, so that if  $a^{(k)}(x) = a_0 + \sum_{j=1}^A a_j^{(k)} \cos jx$  then, for each  $j = 1 \dots A$ ,

$$a_j^{(k)} = b_j^{(k)} 2^{k-k_0} (7)$$

for some non-negative integers  $b_j^{(k)}$ . We define inductively the coefficients of  $a^{(k+1)}$  as follows. If  $b_j^{(k)}$ , j>0, is even then  $a_j^{(k+1)}=a_j^{(k)}$ . Else define

$$a_j^{(k+1)} = a_j^{(k)} + \epsilon_j^{(k)} 2^{k-k_0}$$
(8)

where  $\epsilon_i^{(k)} \in \{-1, 1\}$  are such that

$$\|\sum_{b_i^{(k)} \text{odd}} \epsilon_j^{(k)} \cos jx\|_{\infty} \le CA^{1/2}$$
(9)

The existence of the signs  $\epsilon_j^{(k)}$  is guaranteed by Corollary 2. Notice that (8) implies the preservation of (7) by the inductive definition. We deduce from (9) that

$$||a^{(k+1)} - a^{(k)}||_{\infty} \le C2^{k-k_0} A^{1/2}$$
(10)

The polynomial  $a^{(k_0)}$  has integral coefficients (except perhaps for the constant coefficient). Summing (10) we get

$$||a - a^{(k_0)}||_{\infty} \le ||a - a^{(0)}||_{\infty} + ||a^{(0)} - a^{(k_0)}||_{\infty} \le A\epsilon + CA^{1/2}$$

Choose  $\epsilon = 1/A$  to get  $||a - a^{(k_0)}||_{\infty} \leq CA^{1/2}$ . On the other hand, the coefficients of a and  $a^{(k_0)}$  differ by at most 1 and this implies that for the non-negative polynomial  $p(x) = a^{(k_0)}(x) + ||a - a^{(k_0)}||_{\infty}$  we have

$$p(0) \geq a(0) - A \geq C\alpha A - A \tag{11}$$

$$\widehat{p}(0) = \alpha + ||a - a^{(k_0)}||_{\infty} \le \alpha + CA^{1/2}$$
(12)

Select  $\alpha = A^{1/2}$  to get  $\widehat{p}(0) \ll A^{1/2}$  and  $p(0) \gg A^{3/2}$ . Since p has integral coefficients, we have exhibited a polynomial that achieves  $M(s) \ll s^{1/3}$ , and the proof is complete.

#### Remark on cosine sums

Applying the method of the preceding proof on the coefficients of the Fejér kernel  $K_A(x)$ , one ends up with a non-negative polynomial of degree at most A, which is of the form

$$p(x) = p_0 + 2\sum_{j=1}^{k} \cos \lambda_j x$$

where  $\lambda_j \in \{1,\ldots,A\}$  are distinct. We have  $||K_A - p||_{\infty} \ll A^{1/2}$  which, since  $p_0 = \frac{1}{2\pi} \int_0^{2\pi} p(x) dx$ , implies

$$p_0 \ll A^{1/2}$$
 and  $p(0) \gg A$ 

Thus p is a new example of a cosine sum that achieves the upper bound in (1). It is not as simple as the one mentioned in the introduction but the spectrum of it is much denser:  $\frac{1}{2}A + O(A^{1/2})$  cosines with frequencies from 1 to A.

Since the Dirichlet kernel

$$D_A(x) = \sum_{j=-A}^A e^{ijx} \tag{13}$$

$$= 1 + 2\sum_{i=1}^{A} \cos jx \tag{14}$$

$$= \frac{\sin\left(A + \frac{1}{2}\right)x}{\sin\frac{x}{2}} \tag{15}$$

has a minimum asymptotically equal to  $-\frac{4}{3\pi}A$ , it is conceivable that one may be able to raise the above number of cosine from  $\frac{1}{2}A + O(A^{1/2})$  to

$$(1 - \frac{4}{6\pi})A + o(A)$$

In other words, since

$$\min_{x} \sum_{i=1}^{A} \cos jx = -\frac{4}{6\pi}A + o(A)$$

one must remove at least  $\frac{4}{6\pi}A$  cosines from the above sum, in order to make its minimum be o(A), in absolute value.

## 4 The construction

Suppose we are given a polynomial  $p(x) \ge 0$  of degree d, whose non-constant coefficients are even non-negative integers, which satisfies

$$\widehat{p}(0) < (p(0))^{\alpha}$$

for some  $\alpha > 0$ . Define the infinite sequence of non-negative polynomials  $p = p^{(1)}, p^{(2)}, p^{(3)}, \ldots$ , with the recursive formula

$$p^{(k+1)}(x) = p^{(k)}((d+1)x) \cdot p(x)$$
(16)

Since p has even non-constant coefficients, the Fourier coefficients of all  $p^{(k)}$  are non-negative integers. The spectrum of the first factor in (16) is supported by the multiples of d+1, and that of the second factor is supported by the interval [-d,d]. This implies that  $(p^{(k+1)})\hat{\ }(0) = (p^{(k)})\hat{\ }(0)\hat{p}(0)$ . We obviously have  $p^{(k+1)}(0) = p^{(k)}(0)p(0)$ . We conclude that for all  $k \geq 0$ 

$$(p^{(k)})\hat{\ }(0) = (\hat{p}(0))^k$$
 and  $p^{(k)}(0) = (p(0))^k$ 

and consequently

$$(p^{(k)})\hat{}(0) \le (p^{(k)}(0))^{\alpha}$$

So, if s is a power of p(0), we have  $M(s) \leq s^{\alpha}$ , and for any s we have  $M(s) \leq Cs^{\alpha}$ , where  $C = (p(0))^{\alpha}$ .

As an example we give

$$p(x) = 4 + 4\cos x + 2\sum_{j=2}^{10}\cos jx$$

which can be checked numerically to be positive and has constant coefficient  $\widehat{p}(0) = 4$  and p(0) = 26. This gives  $\alpha = \log 4/\log 26 = .42549 \cdots$ .

In view of the above construction, finding a single polynomial p with  $\hat{p}(0) \leq (p(0))^{\alpha}$ , with  $\alpha < 1/3$ , will prove that the result in this paper is not the best possible. The above example was actually found by a computer but if no more insight is gained into how these good "seed" polynomials look like, the computing time grows dramatically as we increase the degree of the polynomial.

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